

HOW TO PICK LONG SHOTS

A step by step guide to finding
extreme value at the race track

For Experienced Handicappers



Christian Blake

Parx
7/16/25



Simple yet powerful handicapping
techniques that allow everyone
to enjoy the sport of horse racing.

			A	B	C	Layoff	Parx 7/16/25	
Prev/New Distance	Class Move	Rating	Rating	Rating	(days)	Post	Race 1 (6.5 furlongs)	
6.0 D to 6.5 D	Up 3 Class	69	81	76	15	4	SOUTHERN DREAM 3/1	
6.0 D to 6.5 D	Down 1 Class	70	74	70	8	7	MAX FORWARD SPEED 6/1	
6.5 D to 6.5 D	Down 5 Class	76	54	55	36	3	SMOKEY PLACES 7/2	
8.5 D to 6.5 D	Down 3 Class	86	44	54	13	2	SKINNY JOEY 6/1	
6.5 D to 6.5 D	Down 9+ Class	70	55	51	56	1	SAVE A PRAYER 6/1	
8.3 D to 6.5 D	Down 1 Class	70	41	37	59	6	WHOOSH 5/1	
7.0 D to 6.5 D	Up 4 Class	61	51	36	27	5	ADDYSON'S DREAM 4/1	
			A	B	C	Layoff	Parx 7/16/25	
Prev/New Distance	Class Move	Rating	Rating	Rating	(days)	Post	Race 2 (6 furlongs)	
6.5 D to 6 D	Down 5 Class	71	69	65	70	3	MELODY'S KISS 4/1	
6.0 D to 6 D	Up 3 Class	67	60	52	38	7	SUNNY SIDE UP 5/2	
5.5 D to 6 D	Up 5 Class	36	81	42	13	6	ONE OF THE ONES 5/1	
5.5 D to 6 D	Up 5 Class	49	63	37	13	1	BROOKLYN HEIGHTS 10/1	
5.5 D to 6 D	Up 5 Class	41	64	31	13	5	RAICHU 20/1	
6.5 D to 6 D	Down 4 Class	63	42	30	27	2	EVERHEART 3/1	
6.5 D to 6 D	Down 4 Class	55	45	24	90	4	UNION BELLE 8/1	
			A	B	C	Layoff	Parx 7/16/25	
Prev/New Distance	Class Move	Rating	Rating	Rating	(days)	Post	Race 3 (7 furlongs)	
6.0 D to 7 D	Down 8 Class	51	80	56	6	3	UNION PURRFECTION 3/1	
6.0 D to 7 D	Down 5 Class	61	52	38	16	2	GUNMAN JAYVO 10/1	
5.5 E to 7 D	Down 8 Class	85	27	37	139	1	IRON SWORD 2/1	
8.3 D to 7 D	Same Class	42	58	25	6	4	CELESTIAL DARK 5/1	
8.0 D to 7 D	Down 8 Class				90	6	ANYTHING BUT MINE 7/2	
					FTS	5	CAP STEAK ROBBERY 9/2	
			A	B	C	Layoff	Parx 7/16/25	

ABC Handicapping is a simplified approach to handicapping thoroughbreds. Learn more at ABCHandicapping.com

Prev/New Distance	Class Move	Rating	Rating	Rating (days)	Post	Race 4 (6 furlongs)
6.5 D to 6 D	Down 5 Class	84	63	72 30	1	OLD HEAD 5/2
6.0 D to 6 D	Down 3 Class	75	68	68 48	4	BRIGHT KOHANA 2/1
6.0 D to 6 D	Up 2 Class	61	70	56 14	2	DENALI RAE 3/1
6.0 D to 6 D	Up 2 Class	68	51	43 14	5	FROSTED DIAMOND 5/1
8.3 D to 6 D	Down 6 Class	61	57	43 8	3	SOLEMN OATH 5/1
6.0 D to 6 D	Up 2 Class	54	53	33 14	6	BETWEEN DREAMS 10/1
		A	B	C Layoff		Parx 7/16/25
Prev/New Distance	Class Move	Rating	Rating	Rating (days)	Post	Race 5 (6 furlongs)
5.5 D to 6 D	Down 8 Class	56	50	31 29	5	RAVENITE 5/2
5.5 D to 6 D	Down 8 Class	57	38	20 29	6	AMELIORATE 8/1
6.0 D to 6 D	Same Class	47	47	19 64	4	SETH'S WAR SONG 9/5
7.0 D to 6 D	Up 4 Class	47	36	8 28	3	BAHAMIAN BABY 6/1
6.0 D to 6 D	Down 3 Class	44	27	-4 13	1	HURRICANE JANE 5/1
6.0 D to 6 D	Down 3 Class	42	17	-16 13	2	MISTRESS ALANA 12/1
				FTS	7	SILENT MUSIC 10/1
		A	B	C Layoff		Parx 7/16/25
Prev/New Distance	Class Move	Rating	Rating	Rating (days)	Post	Race 6 (6 furlongs)
6.5 D to 6 D	Down 1 Class	88	86	99 8	1	JEBOLOGIST 7/2
5.5 D to 6 D	Same Class	77	91	94 35	3	AMAZING WOO 9/5
7.0 D to 6 D	Up 2 Class	62	96	84 7	2	KEITHSENDSHELLOOOO 9/2
7.0 D to 6 D	Down 4 Class	82	72	78 15	6	GO EAST 10/1
5.5 D to 6 D	Up 5 Class	57	88	70 35	5	BORRACHO CONCHO 5/1
7.0 D to 6 D	Up 3 Class	92	51	68 7	4	PYLON 10/1
8.3 D to 6 D	Up 1 Class	83	50	58 36	7	AWESOME FOR SURE 10/1
		A	B	C Layoff		Parx 7/16/25
Prev/New Distance	Class Move	Rating	Rating	Rating (days)	Post	Race 7 (4.5 furlongs)
				FTS	1	UNION DOOS 5/2
				FTS	2	SNAPY LEGACY 4/1
				FTS	3	SHE'SCOMIN'UPROSIE 3/1
				FTS	4	DOPAMINE 9/2
				FTS	5	EXTRASEXYZQTEEPYE 9/2
				FTS	6	MINXZRAGGZTORICHEZ 9/2
		A	B	C Layoff		Parx 7/16/25
Prev/New Distance	Class Move	Rating	Rating	Rating (days)	Post	Race 8 (8.3 furlongs)
8.5 T to 8.3 D	Down 5 Class	80	88	93 18	6	MY IMAGINATION 9/2
8.5 T to 8.3 D	Down 7 Class	84	83	91 31	3	OHIO JOE 5/1

Information is for entertainment purposes only.
Please verify horse name and post position before wagering.

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8.5 D to 8.3 D	Down 5 Class	67	87	80	42	4	SUPREME BEING 6/1
6.0 D to 8.3 D	Down 7 Class	63	84	71	42	5	LOST AND CONFUSED 3/1
8.0 D to 8.3 D	Up 7 Class	77	69	71	27	7	RILEY'S ROCKSTAR 5/1
6.0 D to 8.3 D	Down 7 Class	56	82	63	42	1	JACKSON ROAD 7/2
8.3 D to 8.3 D	Down 5 Class	53	77	56	28	2	MODERN ERA 6/1

			A	B	C	Layoff	Parx 7/16/25	
Prev/New Distance	Class Move	Rating	Rating	Rating	(days)	Post	Race 9 (6 furlongs)	
6.0 D to 6 D	Down 6 Class	61	31	16	13	4	DON'T POST IT 5/2	
8.0 D to 6 D	Down 5 Class	34	40	0	18	3	SAINT GRACE 6/1	
7.0 D to 6 D	Down 3 Class	45	21	-10	28	2	FAUX PAS 3/1	
6.0 D to 6 D	Down 1 Class	23	41	-11	38	7	REFINED ELAINE 7/2	
7.0 D to 6 D	Down 4 Class	43	17	-15	49	1	READY TO ROMANCE 15/1	
7.0 D to 6 D	Up 2 Class	52	-1	-24	77	5	CAJUN DOVE 8/1	
6.0 D to 6 D	Down 6 Class				13	6	MIA COUNTING 8/1	

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B Rating (Late Race Speed)

(B1 is highlighted in black, B2 is highlighted in gray)

A Rating (Early Race Speed)

(A1 is highlighted in black, A2 is highlighted in gray)

C Rating

(1st horse is C1, 2nd is C2, etc.)

		A	B	C	Layoff		Delaware Park 6/4/25
Prev/New Distance	Class Move	Rating	Rating	Rating	(days)	Post	Race 3 (5 furlongs)
8.0 T to 5 T	Down 6 Class	111	42	78	47	10	MIZOULA (IRE) 9/2
5.5 T to 5 T	Down 5 Class	62	83	69	213	6	MY GREY HUMOR 3/1
6.0 D to 5 T	Down 4 Class	84	60	69	54	4	OUR BEST SONG 2/1
5.5 D to 5 T	Down 3 Class	65	60	50	18	7	KHOZANALL 6/1
5.5 D to 5 T	Down 2 Class	62	51	38	42	5	ELECTRICA 15/1
6.0 D to 5 T	Up 5 Class	58	45	28	252	9	JET SPIN 15/1
5.5 D to 5 T	Up 9+ Class	18	72	14	20	1	GORTREAGH GAL 12/1
5.5 D to 5 T	Up 9+ Class	71	15	11	38	2	BALLYCURRIN 10/1
					FTS	3	GREAT MOON 8/1
					FTS	8	SHEPTON SISTERS 10/1

Up / Down Class

Previous Race Distance and Current Race Distance

How Many Days Since Last Start (FTS Means "First Time Starter")

Post Position #

Horse Name

Morning Line

Do you prefer early speed horses? Consider the A1 or A2 horse for your Win bet.
 Do you prefer late speed horses? Consider the B1 or B2 horse for your Win bet.
 Do you prefer horses with a strong overall past performance? Consider the C1 or C2.
 The C1 and C2 horses combined win approx. 40% of all races.

The C1, C2, C3 and C4 horses combined win approx. 70% of all races.

The early speed horses (A1 and A2) sometimes win the race despite having low C ratings.

The A1 and A2 horses must be considered whenever they are dropping class.

The longer a layoff, the less likely the horse is ready to race. Normal layoff time span between races is anywhere from 30 to 90 days.

When the C1 horse is overbet as the favorite, sometimes the best bet is a simple Win bet on the C2 horse because the favorite loses approx. 70% of the time.

How To Make A Win Bet: Provide the teller with the **Track Name**, **Race Number**, and the **Amount** you wish to wager on a **Win Bet** for your **Horse Number**.